### What Is Human Wellbeing In Geography

#### Tim Brown, Gavin J. Andrews, Steven Cummins, Beth Greenhough, Daniel Lewis, Andrew Power

Wellbeing in Developing Countries Ian Gough, J. Allister McGregor, 2007-05-31 In a world where many experience unprecedented levels of wellbeing, chronic poverty remains a major concern for many developing countries and the international community. Conventional frameworks for understanding development and poverty have focused on money, commodities and economic growth. This 2007 book challenges these conventional approaches and contributes to a new paradigm for development centred on human wellbeing. Poor people are not defined solely by their poverty and a wellbeing approach provides a better means of understanding how people become and stay poor. It examines three perspectives: ideas of human functioning, capabilities and needs; the analysis of livelihoods and resource use; and research on subjective wellbeing and happiness. A range of international experts from psychology, economics, anthropology, sociology, political science and development evaluate the state-of-the-art in understanding wellbeing from these perspectives. This book establishes a new strategy and methodology for researching wellbeing that can influence policy.

Sustainability, Wellbeing and the Posthuman Turn Thomas S. J. Smith,2018-07-10 This book examines how the way we conceive of, or measure, the environment changes the way we interact with it. Thomas Smith posits that environmentalism and sustainable development have become increasingly post-political, characterised by abstraction, and quantification to an unprecedented extent. As such, the book argues that our ways of measuring both the environment, such as through sustainability metrics like footprints and Payments for Ecosystem Services, and society, through gross domestic product and wellbeing measures, play a constitutive and problematic role in how we conceive of ourselves in the world. Subsequently, as the quantified environmental approach drives a dualistic wedge between the human and non-human realms, in its final section the book puts forward recent developments in new materialism and feminist ethics of care as providing practical ways of re-founding sustainable development in a way that firmly acknowledges human-ecological relations. This book will be an invaluable reference for scholars and students in the fields of human geography, political ecology, and environmental sociology.

Sustainability and Wellbeing Mònica Guillen-Royo, 2018-03-29 The idea that we can meet human needs and simultaneously conserve and even enhance the natural environment is an attractive one. Since the Brundtland report popularised a definition of sustainable development based on the concept of needs, there has been a widespread belief that it

should be possible to achieve a good quality of life without compromising natural ecosystems. Sustainability and Wellbeing fills a gap in sustainable development studies by drawing on a range of case-studies to discuss the challenges and opportunities of using Max-Neef's Human Scale Development (HSD) framework in practice. The first section presents the theory and the methodology of HSD in the context of related literature on sustainable development and wellbeing. The second section discusses applications of the HSD methodology with three different purposes: the design of sustainable development interventions; the engagement of researchers with communities or groups of people in sustainability processes and the consolidation of sustainable community initiatives. Finally, the third reflects on challenges and limitations of using the HSD approach to define strategies for sustainable development and concludes. This is an invaluable resource for researchers and postgraduate students in wellbeing, sustainability, sustainable development, and human development.

A Modern Guide to Wellbeing Research Beverley A. Searle, Jessica Pykett, Maria J. Alfaro-Simmonds, 2021-06-25 This insightful Modern Guide explores heterodox approaches to modern wellbeing research, with a specific focus on how wellbeing is understood and practised, exploring policies and actions which are taken to shape wellbeing. It evaluates contemporary trends in wellbeing research, including the sometimes competing definitions, methods and approaches offered by different disciplinary perspectives.

Ecosystems and Human Well-being Joseph Alcamo, Millennium Ecosystem Assessment (Program), 2003 Ecosystems and Human Well-Being is the first product of the Millennium Ecosystem Assessment, a four-year international work program designed to meet the needs of decisionmakers for scientific information on the links between ecosystem change and human well-being. The book offers an overview of the project, describing the conceptual framework that is being used, defining its scope, and providing a baseline of understanding that all participants need to move forward. The Millennium Assessment focuses on how humans have altered ecosystems, and how changes in ecosystem services have affected human well-being, how ecosystem changes may affect people in future decades, and what types of responses can be adopted at local, national, or global scales to improve ecosystem management and thereby contribute to human well-being and poverty alleviation. The program was launched by United National Secretary-General Kofi Annan in June 2001, and the primary assessment reports will be released by Island Press in 2005. Leading scientists from more than 100 nations are conducting the assessment, which can aid countries, regions, or companies by: providing a clear, scientific picture of the current sta

Space, Place and Mental Health Professor Sarah Curtis,2012-11-28 There is a strong case today for a specific focus on mental public health and its relation to social and physical environments. From a public health perspective, we now appreciate the enormous significance of mental distress and illness as causes of disability and impairment. Stress and anxiety, and other mental illnesses are linked to risks in the environment. This book questions how and why the social and physical environment matters for mental health and psychological wellbeing in human populations. While putting forward a

number of different points of view, there is a particular emphasis on ideas and research from health geography, which conceptualises space and place in ways that provide a distinctive focus on the interactions between people and their social and physical environment. The book begins with an overview of a rich body of theory and research from sociology, psychology, social epidemiology, social psychiatry and neuroscience, considering arguments concerning 'mind-body dualism', and presenting a conceptual framework for studying how attributes of 'space' and 'place' are associated with human mental wellbeing. It goes on to look in detail at how our mental health is associated with material, or physical, aspects of our environment (such as 'natural' and built landscapes), with social environments (involving social relationships in communities), and with symbolic and imagined spaces (representing the personal, cultural and spiritual meanings of places). These relationships are shown to be complex, with potential to be beneficial or hazardous for mental health. The final chapters of the book consider spaces of care and the implications of space and place for public mental health policy, offering a broader view of how mental health might be improved at the population level. With boxed case studies of specific research ideas and methods, chapter summaries and suggestions for introductory reading, this book offers a comprehensive introduction which will be valuable for students of health geography, public health, sociology and anthropology of health and illness. It also provides an interdisciplinary review of the literature, by the author and by other writers, to frame a discussion of issues that challenge more advanced researchers in these fields.

Routledge Handbook of Health Geography Valorie A. Crooks, Gavin J. Andrews, Jamie Pearce, 2018-06-14 The places of our daily life affect our health, well-being, and receipt of health care in complex ways. The connection between health and place has been acknowledged for centuries, and the contemporary discipline of health geography sets as its core mission to uncover and explicate all facets of this connection. The Routledge Handbook of Health Geography features 52 chapters from leading international thinkers that collectively characterize the breadth and depth of current thinking on the health-place connection. It will be of interest to students seeking an introduction to health geography as well as multidisciplinary health scholars looking to explore the intersection between health and place. This book provides a coherent synthesis of scholarship in health geography as well as multidisciplinary insights into cutting-edge research. It explores the key concepts central to appreciating the ways in which place influences our health, from the micro-space of the body to the macro-scale of entire world regions, in order to articulate historical and contemporary aspects of this influence.

Blue Space, Health and Wellbeing Ronan Foley, Robin Kearns, Thomas Kistemann, Ben Wheeler, 2019-02-06 Health geography makes critical contributions to contemporary and emerging interdisciplinary agendas of nature-based health and health-enabling places. Couched in theory and critical empirical work on nature and health, this book addresses questions on the relationships between water, health and wellbeing. Water and blue space is a key focus in current health geography research and a new hydrophilic turn has emerged with a particular focus on the aspects of water which are affective, life-

enhancing and health-enabling. Research considers the benefits and risks associated with blue space, from access to safe and clean water in the Global South, to health promoting spaces found around urban waters, to the deeper implications of climate change for water-based livelihoods and indigenous cultures. This book reflects recent theoretical debates within health geography, drawing from research in the public health, anthropology and psychology sectors. Broad thematic sections focus on interdisciplinary, experiential and equity-based elements of blue space, with individual chapters that consider indigenous and global health, water's healing properties, leisure and blue yogic culture, coastal landscapes, surfing, swimming and sailing, along with more contested hydrophobic dimensions. The interdisciplinary lens means this book will be extremely valuable to human geographers and cultural geographers. It will also appeal to practitioners and researchers interested in environmental health, leisure and tourism, health inequalities and public health more broadly.

Translating Happiness Tim Lomas, 2018-04-06 How embracing untranslatable terms for well-being—from the Finnish sisu to the Yiddish mensch—can enrich our emotional understanding and experience. Western psychology is rooted in the philosophies and epistemologies of Western culture. But what of concepts and insights from outside this frame of reference? Certain terms not easily translatable into English—for example, nirvāna (from Sanskrit), or agápē (from Classical Greek), or turangawaewae (from Māori)—are rich with meaning but largely unavailable to English-speaking students and seekers of wellbeing. In this book, Tim Lomas argues that engaging with "untranslatable" terms related to well-being can enrich not only our understanding but also our experience. We can use these words, Lomas suggests, to understand and express feelings and experiences that were previously inexpressible. Lomas examines 400 words from 80 languages, arranges them thematically, and develops a theoretical framework that highlights the varied dimensions of well-being and traces the connections between them. He identifies three basic dimensions of well-being—feelings, relationships, and personal development—and then explores each in turn through untranslatable words. Ânanda, for example, usually translated as bliss, can have spiritual associations in Buddhist and Hindu contexts; kefi in Greek expresses an intense emotional state—often made more intense by alcohol. The Japanese concept of koi no yokan means a premonition or presentiment of love, capturing the elusive and vertiginous feeling of being about to fall for someone, imbued with melancholy and uncertainty; the Yiddish term mensch has been borrowed from its Judaic and religious connotations to describe an all-around good human being; and Finnish offers sisu—inner determination in the face of adversity. Expanding the lexicon of well-being in this way showcases the richness of cultural diversity while reminding us powerfully of our common humanity. Lomas's website, www.drtimlomas.com/lexicography, allows interested readers to contribute their own words and interpretations.

**Urban Health and Wellbeing** Aakriti Grover, R.B. Singh, 2019-10-25 This book focuses on interdisciplinary issues of human health in the changing urban environments of India's largest megacities—Delhi and Mumbai. The authors explore human health concerns related to increased temperatures and air pollution in these cities in a study based on primary data

collected through interviews, as well as secondary data on causes of mortality from 2001 to 2012. During this period, the surface temperatures for both megacities were mapped using Landsat Images. The rapidly increasing populations of cities and urban centers alter ecosystem services such as water, air and land cover, with disastrous impacts on health and wellbeing, particularly in megacities. In 2015, polluted air was estimated to have been responsible for 6.4 million deaths worldwide, and it is projected that it will cause between 6 and 9 million deaths per year by 2060. In 2017, outdoor air pollution resulted in 1.2 million deaths in India and brought about a 3% loss in GDP. The increase in population, vehicles, and industries has led to changes in land use and land cover and a rise in city temperatures and air pollution, creating urban heat islands (UHIs). Together, UHIs and air pollution have damaging impacts on human health that range from stress and headache to asthma, bronchitis, and chronic diseases, and even to death. Delhi has been experiencing emergency conditions in terms of environmental health over the past two years. At the same time, both the Delhi and Mumbai urban agglomerations are growing at a rapid pace, and the United Nations has projected that they will be the second and third most populous cities in the world by 2025. In this context, the book offers significant insights into the past patterns and responses to the present global urban health emergencies, and explores sustainable means of combating the problem to enable college and university researchers to develop innovative solutions. Further. It presents trans-disciplinary research that cuts across the WHO Action Plan, the Sustainable Development Goals, the Sendai Framework for Disaster Risk Reduction, and Habitat III to help policymakers gain a better understanding of the global challenges of urban health and wellbeing. The book is especially useful for students and researchers in geography, urban demography, urban studies, environmental studies, health sciences, and policy studies.

Children's Health and Wellbeing in Urban Environments Christina R. Ergler, Robin Kearns, Karen Witten, 2017-07-06 How children experience, negotiate and connect with or resist their surroundings impacts on their health and wellbeing. In cities, various aspects of the physical and social environment can affect children's wellbeing. This edited collection brings together different accounts and experiences of children's health and wellbeing in urban environments from majority and minority world perspectives. Privileging children's expertise, this timely volume explicitly explores the relationships between health, wellbeing and place. To demonstrate the importance of a place-based understanding of urban children's health and wellbeing, the authors unpack the meanings of the physical, social and symbolic environments that constrain or enable children's flourishing in urban environments. Drawing on the expertise of geographers, educationists, anthropologists, psychologists, planners and public health researchers, as well as nurses and social workers, this book, above all, sees children as the experts on their experiences of the issues that affect their wellbeing. Children's Health and Wellbeing in Urban Environments will be fascinating reading for anyone with an interest in cultural geography, urban geography, environmental geography, children's health, youth studies or urban planning.

**Mental Health and Wellbeing in Rural Regions** Sarah-Anne Munoz, Steve F. Bain, 2020-08-31 This book considers how rurality interacts with the mental health and wellbeing of individuals and communities in different regional settings. Through the use of international and comparative case studies, the book offers insight into the spatiality of mental health diagnoses, experiences, services provision and services access between and within rural areas. It is the first book to specifically address rural mental health geographies from an international perspective, and will be of interest to researchers and policymakers in rural studies, regional studies, health geography and rural mental health.

Cultures of Sustainability and Wellbeing Paola Spinozzi, Massimiliano Mazzanti, 2017-11-14 Cultures of Sustainability and Wellbeing: Theories, Histories and Policies examines and assesses the interdependence between sustainability and wellbeing by drawing attention to humans as producers and consumers in a post-human age. Why wellbeing ought to be regarded as essential to sustainable development is explored first from multifocal theoretical perspectives encompassing sociology, literary criticism and socioeconomics, second in relation to institutions and policies, and third with a focus on specific case studies across the world. Wellbeing and its sustainability are defined in terms of biological and cultural diversity; stages of advancement in science and technology; notions of citizenship and agency; geopolitical scenarios and environmental conditions. Wellbeing and sustainability call for enquiries into human capacities in ontological, epistemological and practical terms. A view of sustainability that revolves around material and immaterial wellbeing is based on the assumption that life quality, comfort, happiness, security, safety always posit humans as both recipients and agents. Risk and resilience in contemporary societies define the intrinsically human ability to make and consume, to act and adapt, driving the search for and fruition of wellbeing. How to sustain the dual process of exploitation and regeneration is a task that requires integrated approaches from the sciences and the humanities, jointly tracing a worldwide cartography with clear localisations. This book will be of great interest to students and researchers interested in sustainability through conceptual and empirical approaches including social theory, literary and cultural studies, environmental economics and human ecology, urbanism and cultural geography.

The Geography of Bliss Eric Weiner, The Geography of Bliss membawa pembaca melanglangbuana ke berbagai negara, dari Belanda, Swiss, Bhutan, hingga Qatar, Islandia, India, dan Amerika ... untuk mencari kebahagiaan. Buku ini adalah campuran aneh tulisan perjalanan, psikologi, sains, dan humor. Ditulis tidak untuk mencari makna kebahagiaan, tapi di mana. Apakah orang-orang di Swiss lebih bahagia karena negara mereka paling demokratis di dunia? Apakah penduduk Qatar, yang bergelimang dolar dari minyak mereka, menemukan kebahagiaan di tengah kekayaan itu? Apakah Raja Bhutan seorang pengkhayal karena berinisiatif memakai indikator kebahagiaan rakyat yang disebut Gross National Happiness sebagai prioritas nasional? Kenapa penduduk Ashville, Carolina Utara, sangat bahagia? Kenapa penduduk di Islandia, yang suhunya sangat dingin dan jauh dari mana-mana, termasuk negara yang warganya paling bahagia di dunia? Kenapa di India

kebahagiaan dan kesengsaraan bisa hidup berdampingan? Dengan wawasan yang dalam dan ditulis dengan kocak, Eric Wiener membawa pembaca ke tempat-tempat yang aneh dan bertemu dengan orang-orang yang, anehnya, tampak akrab. Sebuah bacaan ringan yang sekaligus memancing pemikiran pembaca. "Lucu, mencerahkan, mengagumkan." —Washington Post Book World "Tulisan yang menyentuh ...mendalam ...buku yang hebat!" —National Geographic "Selalu ada pencerahan di setiap halaman buku ini." —Los Angeles Times [Mizan, Mizan Publishing, Qanita, Petualangan, Perjalanan, Dunia, Dewasa, Indonesia]

Non-Representational Theory & Health GAVIN J. ANDREWS,2020-06-30 Drawing on the principles, approaches and style of non-representational theory, Gavin J. Andrews sets out a new agenda for health geography, offering a fundamental consideration of how health actually locates and plays out in the taking place, the frontier, of life.

Biodiversity Change and Human Health Osvaldo E. Sala, Laura A. Meyerson, Camille Parmesan, 2009-01-26
Biodiversity Change and Human Health brings together leading experts from the natural science and social science realms as well as the medical community to explore the explicit linkages between human-driven alterations of biodiversity and documented impacts of those changes on human health. The book utilizes multidisciplinary approaches to explore and address the complex interplay between natural biodiversity and human health and well-being. The five parts examine health trade-offs between competing uses of biodiversity (highlighting synergistic situations in which conservation of natural biodiversity actually promotes human health and well-being); relationships between biodiversity and quality of life that have developed over ecological and evolutionary time; the effects of changing biodiversity on provisioning of ecosystem services, and how they have affected human health; the role of biodiversity in the spread of infectious disease; native biodiversity as a resource for traditional and modern medicine Biodiversity Change and Human Health synthesizes our current understanding and identifies major gaps in knowledge as it places all aspects of biodiversity and health interactions within a common framework. Contributors explore potential points of crossover among disciplines (both in ways of thinking and of specific methodologies) that could ultimately expand opportunities for humans to both live sustainably and enjoy a desirable quality of life.

The Hospital by the River Catherine Hamlin, John Little, 2008-11-01 When I first met Catherine, straightaway I saw shining through the qualities and attributes which have made her one of the most loved and admired women in the world: warmth, energy, humour, optimism, vivacity, empathy, authenticity. DAME QUENTIN BRYCE The Hospital by the River has been in print since it was first published in 2001. This updated 2016 edition continues the story of the remarkable Australian gynaecologist Dr Catherine Hamlin and her medical work that has transformed the lives of 45,000 Ethiopian women. Catherine travelled to Ethiopia with her husband, Reg Hamlin, in 1959 on a short contract. Now 92, Catherine is at the head of a world-recognised medical program that specialises in the treatment of labour-induced fistulas. Left untreated, fistulas -

rare in Western countries - result in severe incontinence, which forces women into a life of degradation and incapacity. Catherine and her team have established six fistula hospitals, a village to accommodate patients and a midwifery school, and pioneered techniques that are used the world over. They have won the respect of the Ethiopian government, the Nobel Committee (she has twice been nominated for the Peace Prize) and the hearts of donors around the world, including Oprah Winfrey, whose emotional interview with Catherine introduced millions to the life-threatening reality of giving birth in the Third World. Set against the harsh beauty of the Ethiopian landscape, this is a compelling account of how the determination and compassion of one woman have inspired others to create genuinely long-lasting change, not just in the lives of individual women but across a nation. PRAISE FOR CATHERINE HAMLIN Dr Hamlin is the new Mother Teresa of our age The New York Times Her memoir of a life less ordinary, incorporating a portrait of Ethiopia from the post-war era, through coup and civil war, until now, is simple, evocative and sometimes dramatic. Sydney Morning Herald

The SAGE Handbook of Social Geographies Susan Smith, 2010 With clarity and confidence, this vibrant volume summons up 'the social' in geography in ways that will excite students and scholars alike. Here the social is populated not only by society, but by culture, nature, economy and politics. - Kay Anderson, University of Western Sydney This is a remarkable collection, full of intellectual gems. It not only summarises the field of social geography, and restates its importance, but also produces a manifesto for how the field should look in the future. - Nigel Thrift, Vice-Chancellor, University of Warwick The book aims to be accessible to students and specialists alike. Its success lies in emphasizing the crossovers between geography and social studies. The good editorial work is evident and the participating contributors are well-established scholars in their respective fields. - Miron M. Denan, Geography Research Forum An excellent handbook that will attract a diversity of readers. It will inspire undergraduate/postgraduate students and stimulate lecturers/researchers interested in the complexity and diversity of the social realm.... As the first of its kind in the sub-discipline, it is a book that is enjoyable to read and will definitely add value to a personal or library collection. - Michele Lobo, New Zealand Geographer The social relations of difference - from race and class to gender and inequality - are at the heart of the concept of social geography. This handbook reconsiders and redirects research in the discipline while examining the changing ideas of individuals and their relationship with structures of power. Organised into five sections, the SAGE Handbook of Social Geographies maps out the 'connections' anchored in social geography. Difference and Diversity builds on enduring ideas of the structuring of social relations and examines the ruptures and rifts, and continuities and connections around social divisions. Geographies and Social Economies rethinks the sociality, subjectivity and placement of money, markets, price and value. Geographies of Wellbeing builds from a foundation of work on the spaces of fear, anxiety and disease towards newer concerns with geographies of health, resilience and contentment. Geographies of Social Justice connects ideas through an examination of the possibilities and practicalities of normative theory and frames the central notion of Social geography, that things always

could and should be different. Doing Social Geography is not exploring the 'how to' of research, but rather the entanglement of it with practicalities, moralities, and politics. This will be an essential resource for academics, researchers, practitioners and postgraduates across human geography.

Thinking Geographically Alaric Maude, 2023-12-22 This book explains how the concepts of geography can teach young people to think geographically, deeply and ethically. Thinking Geographically demonstrates how the concepts of place, space, environment and interconnection teach students new ways of perceiving and understanding the world, the concepts of scale and time teach them ways of analysing the world, while the concepts of sustainability and wellbeing show them how to evaluate and reflect on what they observe, and all eight concepts develop their higher order and critical thinking. To further support teachers, this book includes a chapter on how to teach for conceptual understanding, as well as two chapters that illustrate the application of geographical thinking to an understanding of the effects of land cover change and the problem of regional inequality. Rich with practical examples, this book is an essential resource for geography teachers, whether already teaching or studying to become one, and for those who teach therm.

Health Geographies Tim Brown, Gavin J. Andrews, Steven Cummins, Beth Greenhough, Daniel Lewis, Andrew Power, 2017-07-24 Health Geographies: A Critical Introduction explores health and biomedical topics from a range of critical geographic perspectives. Building on the field's past engagement with social theory it extends the focus of health geography into new areas of enquiry. Introduces key topics in health geography through clear and engaging examples and case studies drawn from around the world Incorporates multi-disciplinary perspectives and approaches applied in the field of health geography Identifies both health and biomedical issues as a central area of concern for critically oriented health geographers Features material that is alert to questions of global scale and difference, and sensitive to the political and economic as well sociocultural aspects of health Provides extensive pedagogic materials within the text and guidance for further study

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